

ORGAN AND TISSUE SUPPORTS

N.B. For any organ or tissue the relevant sarcode (the organ or tissue, potentised) can also be used at 6x-30c.

For those who are alright with the idea of polypharmacy, the 'P' designation refers to the Powell combination remedies (see 'The Group Remedy Prescriber' By Eric Powell). These can be used in the potencies outlined in the book, or (for those who are happy using machines) in 1x-30x if using the single rate on the McGerk remedy simulator. The 'NV' stands for the New Vista combination range, With 'LQ' designating Liquecence, and 'ML' Mineral Liquecence. 'R' designates the Dr Reckeweg combinations.

SINGLE ORGANS OR TISSUES

Adrenals

Elutherococcus (Siberian Ginseng) 0-6x, Vitamin B5 0-6x, Adrenaline 6c, Borago (Borage) 0-6x, Cortisone 6c, Licorice 0-6x, NV LQ Adrenal.

Adenoids

Agraphis (Bluebell) 0-6x.

Anus

Collinsonia (Stone Root) 0-6x.

Arteries

Baryta Mur 6x, Crataegus (Hawthorn) 0-30c, Kali Mur 6x.

Bladder

Equisetum 0-6x (Horsetail), Triticum Repens (Couch Grass) 0, NV ML Urinary Tract.

Blood (toxic)

Echinacea 0-6x, P10 6x-12x, Baptisia (Wild Indigo) 6x-200c, Gunpowder 6x, Pyrogen 6c-200c, NV BCL, R60.

Blood (deficient)

Ferrum (Various) 0-6c, P6, Shu Di (Cooked Rehmannia root) 0, Bio-Strath 0, Dang Qui 0, He Shou Wu (Fleeceflower root) 0, Paeonia Lactiflora (White Paeony root) 0, NV LQ BLD, NV LQ Herbal Bee Pollen, R31, R95.

Bones

Symphytum (Comfrey) 0-6c, Calc Phos 6x, Hekla Lava 6c, Phosphorous 6c, Polygonatum (Solomon's Seal) 0, NV LQ Bone, NV ML Skeletal System, R34.

Brain

Ginko 0-6x, P59, Tyrosine 0-6x, NV LQ Brain, R54.

Breasts

Phytolacca (Poke Root) 0-200c.

Cartilage

Pacific Green-lipped Mussel extract 0, Glucosamine sulphate 0, Chondrotin Sulphate 0, Equisetum (Horsetail) 0, NV LQ Connective Tissue, NV Shark Cartilage.

Colon

Rhamnus Purshiana (Cascara Sagrada) 0-6x.

Connective Tissue

Amino Acid complex 0, Equisetum (Horsetail) 0, Urtica (Nettle) 0.

Duodenum

P41.

Ear

NV ML Sensory System – Ear.

Endocrines generally

P2B, Agnus Castus 0-6x, NV ML Endocrine, R19, R20.

Eyes

Euphrasia (Eyebright) 0-6c, NV ML Sensory System – Eye.

Female Hormonal

Agnus Castus 0-6x, Helonias (False Unicorn Root) 0-6x, Angelica Sinensis (Dong Quai) 0, Cimicifugia (Black Cohosh) 0-6x, P23, R20.

Gall-bladder

P38, Chelidonium 0-30c, Chionanthus (Fringe Tree) 0-6x, Cholesterinum 6-30x, Lecithin 0, NV LQ Liver, NV ML Biliary System.

General

Multi vitamin and Mineral, Astragalus, Siberian Ginseng, American Ginseng, NV A-Z Liquid, NV BGR, NV EFA, NV TIB, NV LQ Amino Acid, NV LQ Fatty Acid, NV ML Bio-plasma, R Vita-c 15 Forte,

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R26.

Hair

NV ML Hair Skin Nails, R89.

Heart

Crataegus (Hawthorn) 0-30c, Digitalis 6x-30c, P36, Adonis Vernalis 0-6x, Cactus 0-6x (Night-blooming Cereus), Convallaria 0-6x (Lily of the Valley), Co-Q¹⁰ 0, Naja 6c, Omega 3 (source - fish oils, flax seed (linseed) oil) 0, Rosemary 0, Spongia 6c, Taurine 0-6x, Vitamin E 0-6x, Strophanthus (Kombe Seed) 0-6x, NV ML Cardiovascular System, NV LQ Heart, R2, R3, R58, R44.

Immune System

Astragalus 0-6x, Echinacea 0-6x (acute), Thymus 6x-30c, Arginine 0-6x, Ornithine 0-6x. NV IMS, NV ML Immune System, R93.

Kidneys

Berberis Vulgaris (Barberry) 0-6x, Equisetum (Horsetail) 0-6x, P8, Taraxacum (Dandelion) 0, Solidago 6x-6x, Uva-ursi (Bearberry) 0-6x, NV Renalex, NV LQ Kidney, NV ML Urinary Tract.

Ligaments

Bellis Perennis (Daisy) 0-200c, Polygonatum (Solomon's Seal) 0, NV LQ Connective Tissue.

Liver/Gall-bladder

Carduus Marianus (Milk Thistle) 0-6x, Chelidonium 0-6x, Buplerium 0-6x, Cholesterinum 6x-30x, Hydrastis (Golden Seal) 0-6x, Mag Mur 6x-200x, Nat Sulph 6x-200x, Nux Vom 6c-200c, Sulphur 6x-200c, Taraxacum Radix (Dandelion Root) 0-6x, NV Hepex, NV LQ Liver, NV ML Biliary System, NV LQ Digestive Enzyme, R7, R31.

Lungs

P31, Elecampagne 0-6x, Lobelia 0-6x, NV LQ Lung, NV ML Respiratory System, R57.

Lymph

P2, Galium Aparine (Cleavers) 0, NV Lymphex, NV LQ Lymph, NV ML Lymphatic System, R60.

Lymph Nodes (glands)

Phytolacca (Poke Root) 0-200c

Male Hormonal

Turnera Damiana (Damiana) 0-6x, Selenium 0-6x, Zinc 0, R41, R19.

Mucous Membranes

Hydrastis (Golden Seal) 0-6x.

Muscle

Alfalfa 0, amino-acid complex 0, NV LQ Connective Tissue, NV ML Muscular System.

Nails

P40, NV ML Hair Skin Nails.

Nervous System

Avena Sativa (Oats) 0-6c, Kali Phos 6x-200c, Scutellaria (Skullcap) 0-6x, Avena Sativa 0, Betonia Officinalis (Wood Betony) 0, Cypripedium (Lady's Slipper) 0-6x, Hypericum 6c-200c, Melissa (Lemon Balm) 0, B-Complex 0, P48, P56, NV ML Nervous System, R Vita-C 15, NV LQ B-Complex.

Ovaries

Folliculinum 6c-30c, Oophorinum 30c, NV LQ Female, R20.

Pancreas

P45, Ceanothus (Red Root) Chionanthus 0-6x (Fringe Tree), 0-30c, Iris Vers 6x, Quercus (Oak) 0-30c, Phosphorous 6c, Taraxacum radix 0, NV ML Digestive System, NV LQ Digestive Enzyme, R92.

Pineal

Crown Chakra, Violet, Melatonin 0-30c, Serotonin 6x-30c, 5-HTP 0-6x, Taurine 0-6x.

Pituitary

Baryta Carb 30c, Brow Chakra, Indigo, Agnus Castus 0-30c, NV LQ Pituitary. Underactive: Arginine 0-6x, Ornithine 0-6x, R19, R20.

Prostate

P28c, Pygeum Africanum 0, Sabal Serrulata (Saw Palmetto) 0-6x, Conium 6c, Ferrum Pic 6c, Gamma-aminobutyric acid (GABA) 0-6x, Pulsatilla 0-6x, Thuja 6x, NV PRO, NV ML Reproductive System, R25.

Rectum

Collinsonia 0-6x, P53.

Salivary Glands

Trifolium Pratense (Red Clover) 0-6x.

Sinuses

Euphrasia 0-6x, Hydrastis 0-6c, Kali Bic 6c, Silica

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6x.

Skin

Berberis Aquifolium (Oregon Grape) 0-6x, P16,
Beta Carotene 0, Lappa Arcticum (Burdock) 0,
Trifolium Pratense (Red Clover) 0-6x, Scropularia
Nodosa (Figwort) 0, Skookum Chuck 6x-12x, Zinc
0, NV LQ SKN.

Small intestine

P7, Alfalfa 0, Hydrastis (Golden Seal) 0.

Spleen

Ceanothus 0-6x, P37, Quercus (Oak) 0-6x, NV LQ
Spleen, R31.

Stomach

Gentian 0-6x, Hydrastis (Golden Seal) 0-6x, P24,
NV ML Digestive System, NV SEL, NV LQ
Digestive Enzyme.

Teeth

P47, Calc Fluor 6x, Calc Phos 6x, Staphisagria 6c.

Tendons

Ruta Grav 6x-200c.

Testes

P28, Agnus Castus 0-6x, Arginine 0, Caladium 6c,
Selenium 0-6c, Vitamin E 0-6x, Zincum 0-6x,
R41, R19.

Thymus

Air Chakra, Arginine 0-6x, Ornithine 0-6x, NV LQ
Thymus.

Thyroid

Fucus Vesic (Kelp) 0-6x, Iodum 6c-30c, Lycopus
(Bugleweed) 0, Blue, Throat Chakra, NV LQ
Thyroid, R19, R20.

Uterus

Aurum Muraticum Natronatum 3c-6c, P28B,
Caulophyllum (Blue Cohosh) 0-200c, Rubus
Idaeus (Raspberry Leaf) 0, Aletris Farinosa
(Stargrass) 0, Fraxinus Americana (White Ash) 0,
Helonias (Unicorn Root) 0-6c, Thlapsi Bursa
Pastoris (Shepherd's Purse) 0-6x, Trillium
Pendulum (White Beth Root) 0, NV LQ Female.

Veins

Hammamelis 0-30c, P1, Arnica 6-30c, Calc Fluor
6x-12x, Pulsatilla 0-6x, Vipera 6c-12c, R42.

COMBINED ORGANS OR TISSUES

Blood and Liver

Rumex Crispus 0.

Blood and Lymph

P33.

Blood (debility) and Spleen

P37.

Blood (toxemia) and Skin

P10.

Female Hormonal, Skin and Adrenals

Glycyrrhiza Glabra (Licorice) 0-6x.

Gastric Organs and Lungs

Grindelia 6x, Lobelia 0-6x.

Heart and Kidneys

Apocynum Cannabium (Indian Hemp) 0-6x, Eel-
serum 6c, Spartium (Broom) 0, Strophanthus
(Kombe Seed) 0-6x, R58.

Heart and Lungs

Adonis Vernalis 0, Ammonium Carb 6c, Iodum 6c,
P31, Rosemary 0, Spongia 6c.

Kidneys, Liver and Intestines

P8.

Kidneys, Ovaries, Adrenals

NV KOA.

Kidneys, Prostate, Adrenals

NV KPA.

Kidneys and Lymph

Galium Aparine (Cleavers) 0.

Kidneys and Uterus

Thlapsi Bursa Pastoris (Shepherd's Purse) 0-6x,
Uva Ursi (Bearberry) 0-6x.

Liver, Colon and Mucous Membranes

Leptandra (Culver's Root) 0-6x.

Liver and Female Hormonal

Paeonia Albiflora (Paeony) 0.

Liver and Heart

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Aurum Met 6-30c, Digitalis 3c-30c, Myrica
(Bayberry) 0-6x.

Liver and Kidneys
Berberis Vulgaris 0-6x, P30.

Lungs and Adrenals
Pinus Sylvestris (Pine) Essential Oil 2-3 drops.

Lungs and Immune System
Elecampagne 0-6x.

Lungs and Mucous Membranes
Ant Tart 6c-30c.

Lungs, Mucous Membranes and Nervous
System
Stannum Met 3c-30c.

Mucous Membranes, Bowels, Vagina
P17.

Nervous System and Digestive Tract
Valeriana 0-6c.

Pancreas and Gall Bladder: Chionanthus
(Fringe Tree) 0-6x.

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