

Moth: The Shamanic Proving

Mentals/emotionals...

Shows the way in the dark. Courage in the dark. No fear in the dark.

Attracted to the night. Comes alive at night.

Fascination with the things of the night.

Messengers – travel between realms/realities/time-periods.

Messengers from otherworlds.

Messengers from the unconscious. Psychic communication. Telepathy.

Potentials. The fertile void. Newness. Pre-change, pre-transition states.

Transition times: light/dark; death/birth. Twilight. Winter solstice. Imbolc.

Transition to death. Return to source.

Back from the dead / near dead states.

Understanding the cycle of life and death.

Seeks the light.

Able to find a way from the darkness to the light.

Seekers of enlightenment.

Direct route to the light.

Craving light: with frantic desperation. Risking everything to get to the light.

Mesmerised by the light. Illusion of enlightenment.

Fatal attraction to those who promise the light. Easily misled and taken in.

Burned by the light. Living too intensely.

Frantic activity. Hurried. Feeling hurried by others. Anxious.

Living life to the full.

Flighty. Flity. Indecisive. Vague.

Easily bored. Lacks focus. Going off on tangents.

Dreamy. Otherworldly.

Dualities: clumsy-sensitive.

Fragile. Highly sensitive. Touchy. Easily hurt..

Highly developed antennae for atmospheres/nuances etc. Perceiving things clearly. Psychic. Intuitive.

Able to discern what is real and what is not. Seeing through the shadows, diversions and distractions cast by others.

Oversensitive to others energy fields.

Prone to taking on others vibrations and 'stuff'.

Clumsy. People who annoy others with their clumsiness.

More comfortable in the shadows. Wants to lead a peaceful life.

Camouflage.

Autism.

Solitary. Works well alone. Overwhelmed by large groups.

Abandonment. Lonely. Outcast. Not belonging. Misunderstood.

Attracts projections, assumptions, misunderstandings, vilification, rejection.

Protection from attack/bullying. Feeling bullied, squashed or attacked for no reason. Softening the blow.

Fear of water; of drowning; of fast water.

Regret for something they did not get to do.

Working invisibly and quietly behind the scenes. Pulling things together. Making things come together easily and softly.

Silenced. Unable to speak out. Hard to find voice.

Beauty not apparent at first. Much more than they first appear. Hidden beauty and talents.

Overlooked. Dismissed.

Un-noticed. Unassuming.

Desire to be something more; to be beautiful and creative.

Low self-esteem. Unassertive. Hidden depression. Misfit. Unhappy, 'outsider' teenagers. Alienated.

'Geeks'. 'Nerds'.

Compulsions. Addictions. Cannot stop even if it kills them. Cannot resist temptation. Fatal attraction. Repeating the same mistake. Addiction to work. Stress from overwork. Worries. Putting things in perspective. Being happy with what you have. Being unconcerned with what you don't have.

Attracted to moonlight. Strongly affected by the cycles of the moon. Self-destructing at full moon.

Finding way by touch/sensation. Trusting ones feelings; whether things 'feel right'.

Strong healing abilities.

Physicals...

General...

Connection with leprosy.

Highly sensitive to touch, taste, sounds and smell.

Sensitive to vibrations.

Affinity with the sphenoid bone.

Poor co-ordination. Dyspraxia.

Left-sided...

Left side of body warm, right side cold.

Sensation of heat in left side of body, < left sole and hand.

Paralysis in left side of body. Left hand claw-like. Strokes.

Back...

Neck painful.

Corner of neck-shoulder painful, right side.

Tension in the spine.

Spine rigid from overwork.

Head...

Pain in left eye.

Burning and itching in right eye.

Sinus headache.

Dust allergies. *Sneezing.*

Numbness of tip of nose.

Heart...

Palpitations. Fluttering sensation in the heart.

Heart weakness.

Weary, sad feelings over the heart. Heavy-hearted.

Intestines...

Stools very soft, followed by water.

Ileo-caecal valve problems.

Limbs...

Pain in knees. < **left**. Extends up and/or down leg from the knee.

Pain moves from ankle to knee. Pain lateral and superior to knee cap > movement.

Weakness of quadriceps.

Needle-like, stabbing, sharp pains, in limbs. In left forearm and top of left foot.

Tingling in: left thigh above knee; lower legs; soles of feet.

Throbbing, pulsating pain and warmth inside left knee.

Weakness of legs, < *left*. Legs give way, < *left*.

Right ankle giving way. Painful right ankle. Right ankle sprains.

Painful, throbbing, aching left ankle.

Needle-like. Stabbing, sharp pains. Sharp pains left forearm and top of left foot.

Sensation of fluid in joints: right elbow; end joint of left index finger.

Left limbs paralysed.

Nerves...

Shingles.

Sensations...

Fluttering sensations. Tremors.

Needle-like. Stabbing, sharp pains.

Piercing.

Biting pains.

Skin...

Skin conditions that make people feel outcast.

Flaky, dry skin.

Nervous rash.

Bites.

Throat...

Breathlessness in upper trachea.

Sensation of lump in throat, with aversion to swallowing. Itching in Throat.

Thyroid imbalances.

Valves...

Affinity with valves. Ileo-caecal valve. Heart valves.